

ROTARY CLUB OF DELHI WEST

Rotary
District 3011



Kalindi



Newsletter

May 2025

www.rcdelhiwest.rotaryindia.org

Charter Date: February 27, 1971

Rtn. Stephanie A. Urchick
R.I. President

Rtn. Dr. Mahesh P. Trikha
Distt. Governor

Rtn. Rohit Seth
Club President

PRESIDENT RTN. ROHIT SETH'S MESSAGE

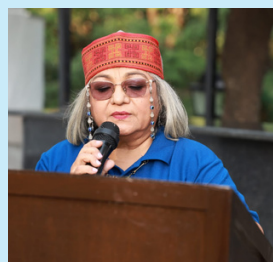


Dear Members, As we focus on Youth Service this month, I'm thrilled to highlight the incredible work being done by our Rotaract club and Interact clubs under Rotary Club of Delhi West. Our Rotaract Club of Laxmibai College has been instrumental in organizing impactful projects, including mega health camps and cervical cancer awareness and vaccination drives, demonstrating their commitment to serving others. Our Interact Club of SSMI, Interact Club of Masonic Public School, Interact Club of Bishnanians and Interact Club of Man ki Udaan too have taken up projects like organising mega health camps, collection of plastic waste for recycling and cervical cancer awareness and vaccination. These initiatives showcase the passion and dedication of our young Rotaractors, reflecting the values of Rotary. I'm proud to see our club's efforts making a tangible difference in the lives of those we serve.

I encourage all members to support and participate in these projects, and to mentor our young Rotaractors and Interactors as they develop their skills and leadership abilities. Let's empower and inspire the next generation of leaders and change-makers. Let's Work Together: - Support Rotaract and Interact projects - Mentor young members and share your experience - Participate in upcoming events and initiatives

Together, let's make a positive impact in our community and foster a culture of service and compassion. Best regards,
Rtn Rohit Seth, President, Rotary Club of Delhi West

CLUB ASSEMBLY AT CLARIDGES NABHA MUSSOORIE



The RCD West Club Assembly was held at Claridges, Nabha, Mussoorie, from May 16th to 18th May. President Elect ArunRekha Gogia warmly welcomed members and their spouses with traditional tikkas and caps. Each member's room was stocked with RCD West T-shirts and hampers. **High Tea and Club Assembly-** On May 16th, members gathered for High Tea and the Club Assembly in the lawns of Claridges, all wearing Blue Rotary West T-shirts. President Rohit Seth called the meeting to order, with Rtn Rakesh Talwar as moderator. PE ArunRekha Gogia welcomed members, introduced her team, and shared her vision. **Informative Sessions-** The assembly featured insightful talks from:

- . PDG Rtn Ramesh Chander on Rotary's transformational changes
- . PDG Rtn Damanjeet Singh on increasing and retaining membership
- . PP Rtn Rakesh Talwar on the club's projects, Skill Development and Skin Donation
- . Sarvarth: A Vision : PP Rtn Arun Roongta shared his vision for Sarvarth.
- . PP Rtn Vishesh Mathur on Rotary's legacy and vision
- . Rtn Sarvadeep Sachdev on his Rotary experience
- . PP Rtn Gurinder Kaur and Puja Kakkar on Mental Health challenges
- . Kalindi Newsletter Release. The club newsletter, Kalindi, was released with great fanfare, featuring insights from Rtn Manoj and Charu Srivastava on Ideas to Impact - Editing Kalindi Newsletter.
- . Take on Rotary: Mr. Rajeev Agarwal shared his perspective on Rotary.

Special Celebrations- The assembly also celebrated special occasions:

. Birthdays: Rtn Manoj Srivastava and Rtn Anju Kakkar's birthdays were celebrated with cake cutting and singing birthday songs. **Memorable Moments-** The assembly was filled with memorable moments, including:

. Retro Bollywood Night: The evening of song and dance was enjoyable, with members and spouses dancing together to the tunes of popular Bollywood songs. R'Anne Nipun, Deepali Roongta, Ritika Dayal, and Kanika Dayal made the evening really enjoyable, making each couple dance.

. Yoga Sessions: The sessions led by R'Anne Sadhana Bajaj were appreciated, and members enjoyed the opportunity to relax and rejuvenate. She prepared fresh Detox drinks and shared the importance of Yoga.

. Ramp Walk: The grand finale was impressive, with members and spouses walking the ramp in elegant outfits, ladies in red carpet gowns and men in Tux suits. From conceptualising and implementation of Ramp Walk R'Anne Meenakshi Makkar made each member feel like a celebrity. R'Anne Nipun Gupta needs a special mention in making the evening so perfect and enjoyable.*Special thanks to Mr. Sawhney who promptly organised a mini " Shopper's Haat" at the Claridges Hotel, as the shopkeeper was known to him he gave amazing discount on stylish woollen jackets, sweaters and co - ord sets. All the stuff was sold off with a blink of an eye. It was a WIN WIN situation for both ,the shopkeeper and our excited R'Annes.

Vote of Thanks- Rtn Sunil Gupta gave a heartfelt vote of thanks, expressing gratitude to the organizers, speakers, and participants. The Club Assembly was truly memorable, with excellent food, service, and hospitality. The Gods too blessed PE ArunRekha Gogia with light showers. Three cheers for President Rtn Rohit Seth and his Team and best wishes to PE Rtn ArunRekha Gogia and her Team for her Rotary year!





ACHIEVEMENTS OF DELHI WEST MEMBERS

PDG Ramesh Chander

Panelist



PDG Ramesh Chander was on a panel discussion on "Why Rotaract is crucial for Rotary's future in RID 3011" at Rotaract District Conference 2025. HOGWART'S SUMMIT 3011 at Tagore International School on 10th May.



Rotary International appoints PDG Rtn Ashok Kantoor as Assistant Rotary Membership Coordinator of Zone -- 4 for RI District 3011 and 3012. Congratulations !! Proud moment for our Club.



The felicitation for our 'Udaan..gulab pankh ki' Breast Cancer Awareness Program by RID 3011 fills us with immense pride and renewed determination. This isn't just an award; it's a testament to the power of collective action and the unwavering spirit of Rtn Arun Roongta .He conducted 47 Breast Cancer Awareness projects only in this year.RCDWest is proud of Rtn Arun Roongta .This incredible recognition fuels our commitment to keep flying, to keep spreading awareness, and to support those affected.

TEAM - RC DELHI WEST RY 2025- 2026 PE RTN ARUN REKHA GOGIA

Designation	Name	Designation	Name
President	Arunrekha Gogia	Director- Skilling to Employment Digital/Drone (Industrial Technology)	Deepak Baht
Secretary	Sarvadeep Sachdev	Director - Environment	S K Aggarwal
Vice President	Bidyut Tamuly	Advisor to Board	Ramesh Chander
Immediate Past President	Rohit Seth	Advisor to Board	Damanjit Singh
Club Learning Facilitator	Rakesh Talwar	Advisor to Board	Ashok Kantoor
President Elect	Bidyut Tamuly	Committee Chairs	
Jt Secretary	Sunil Gupta	Designation	Name
Treasurer	S K Aggarwal	Science Projects	Avineesh Matta
Sgt-Al-Alms	Manoj Srivastava	Information Technology	Chirag Dayal
Director - Club Services	Anju Kakar	Membership	Ashok Kumar Garg
Director- Vocational Services	Pradeep Aggarwal	Water , Sanitation & Hygiene	Vishesh Mathur
Director - Community Service	Aroon Roongta	Public Image	Amarjeet Singh
Director- International Service	Sangeet Rai	Club Administration	Anil Tayal
Director- New Generations	Bhavya Sethi	Literacy (TEACH)	Gagan Kumar
Director- The Rotary Foundation	Jawahar Kalra	Peace Building and Conflict Prevention	Rakesh Talwar
Director- Corporate Social Responsibility	Ashok Kantoor	Organ Donation/Skin Donation	Gurinder Kaur
		Mental Health	Gurbir Khara
		Diversity & Inclusion	Arun Bajaj
		Literacy Co Chair	



SUN'S CYBER CORNER - By Sunil Sadasivan (Cyber Security Expert & Resource Person)
These days, all the professional Exams (JEE, NEET, KEAM etc.) where Lakhs of students apply for it, that too, online. Here, the applicants are required to upload their Photos, Copies of Photo IDs, Certifications etc. is of-course a legitimate requirement. However, there is one more add-on requirement i.e. "The files/Images you upload must be having 150 Pixel Width 200 Height and Size between 5 KB and 50KB". It is widely recognized that the digital copies we possess typically do not meet these specifications. Consequently, many individuals turn to Google to find free tools to adjust their files to the necessary dimensions and size. The concerning aspect of this situation is that we are entrusting our important photo IDs, certifications, and photographs to these unverified websites.

There are pre-technicalities available where let the user upload their photo whatever size/pixel they have, the back-end technicalities can make it to the required size/pixel and store it to your final database. It is possible 100%. As per record, average around 23 to 25 lakhs students applying for NEET & around more than 10 Lakhs for JEE and so..... So, indirectly every year, we are somehow uploading valuable IDS of our young generation to these untrusted sources and making them vulnerable to Cyberspace.
BE ALERT....BE SAFE..BE A CYBER LITERATE....!!

CLUB IN ACTION



Our club RC Delhi West was one of the CO HOST Club of the District Seminar on Thalessemia at PHD HOUSE, on 29th May, hosted by DG Rtn Mahesh Trikha and First lady Sujata Trikha. The seminar was held to end this inherited disorder Thalassaemia, also to educate the public and create awareness. The seminar was well attended by our club members.



Rotary Club of Delhi West and Sarvarth Foundation India association with DAV Education & Welfare Society organised a Cervical Cancer Vaccination Awareness Program at Sultanpuri



Rotary Club of Delhi West organised a Cervical Cancer Vaccination Camp at Dwarka International School. 150 Girl students were vaccinated.



Rotary Club of Delhi West Metro organised a Mega Health Camp at SDS Public School, East Punjabi Bagh

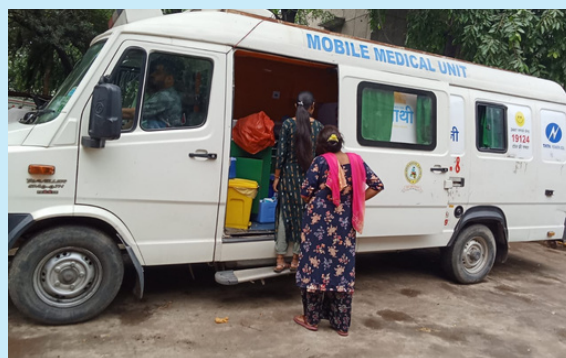


Rotary Club of Delhi West in association with Masonic Public School organised a Cervical Cancer Vaccination Awareness Program for the parents at Masonic Public School, Vasant Kunj. DGND Rtn Dr Pushpa Sethi was the Keynote Speaker. The response from the parents was overwhelming.

CLUB IN ACTION



Rotary Club of Delhi West In association with RWA, Rajokari Village organised a Mega Health Camp with multiple Medical Facilities for the Residents of the Village. More than 300 residents are expected to avail of the facilities. We are Grateful to Councillor, Shri. Jagmohan Mehlaawat, MLA Shri Gajendra Yadav and MP Shri Bidhuri for patronizing the effort of Rotary Club of Delhi West.



Rotary Club of Delhi West in association with Tata Power organised a Mobile Health Camp with free blood tests at Sultanpuri Slums. More than 100 residents availed of the facilities.



Rotary Club of Delhi West organised a Cervical Cancer Vaccination Camp at Nithari Village



Rotary Club of Delhi West, Regional Grand Lodge of Northern India and Interact Club of Masonic Public School, sponsored by Sarvarth foundation organised a Cervical Cancer Vaccination Camp at Masonic Public School in the August Presence of RW Bro Puneet Sohal, DG Rtn Dr Mahesh Trikhya, PDG Ramesh Chander, PDG Ashok Kantoor and many Rotarians and Masons. 209 Girls were Vaccinated.

CLUB IN ACTION



Rotary Club of Delhi West and supported by it's Foundation, Sarvarth, gifted a Water Cooler with Purifier to Kendriya Vidhyalaya, INA



Rotary Club of Delhi West organised a Workshop on Eye Health for Faculty and Staff of S D Public School, East Punjabi Bagh on 21st May, and Workshop on ENT on 22nd May.



RC Delhi West and Sarvarth foundation donated a Water Cooler with Purifier to Masonic Public School, Vasant Kunj.



Rotary Club of Delhi West organised a Workshop on Obstetrics & Gynaecology for Faculty and Staff of S D Public School, East Punjabi Bagh.

Rotary Club of Delhi West, Sarvarth Foundation, in association with Preventive Oncology, AIIMS and The Cancer Foundation Organised a Cervical Cancer Vaccination drive sponsored by Ecos Mobility at AIIMS.

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BIRTHDAYS

6th May - Rtn. Aditya Singh Bhati
15th May- Rtn. Bidyut Tamuly
16th May- Rtn. Manoj Srivastava
19th May- Rtn. Anju Kakar
26th May- Rtn. Sarvadeep Sachdev

Congratulations!



ANNIVERSARIES

7th May- R'Anne Mamta Matta & Rtn.
Avineesh Matta

UPCOMING MAJOR EVENTS

Free Cataract Surgeries Camps- 15th June-Dwarka | 19th June- Okhla | 29th June- Krishna Nagar

1st June- A Mega Health Camp in Rajokari Village

14th June- Samvedna- The Cancer Foundation



THE BOARD

Rtn. Rohit Seth
President

Rtn. Chirag Dayal
Imm. Past President

Rtn. Arun Rekha Gogia
V. Pres./President Elect

Rtn. Rakesh Talwar
Club Learning Facilitator
Director-Skilling to Employment

Rtn. Gurbir S. Khera
Hony. Secretary

Rtn. Sarvadeep Sachdev
Jt. Secretary

Rtn. Gagan Kumar
Treasurer

Rtn. Bidyut Tamuly
Sgt-At-Arms & Director-
New Generations Services

ADVISORS TO BOARD:-

PDG Rtn.
Ramesh Chander

PDG Rtn.
Damanjit Singh

PDG Rtn.
Ashok Kantoor

DIRECTORS:-

Rtn. Gurinder Kaur
International Service

Rtn. Deepak Bahl
CSR

Rtn. Vishesh Mathur
Club Services

Rtn. Anil Tayal
Community Service

Rtn. Arun Roongta
Vocational Service

Rtn. Ajay Kumar Gupta
The Rotary Foundation

Rtn. Pradeep Agarwal
Environment

EDITORIAL TEAM
2024-25



PP Rtn. Rakesh Talwar
Advisor



PP Rtn. Manoj Srivastava
Editor



R'Anne Charu Srivastava
Editor